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Cuddle Up!

AMANDA *AM* MURPHY





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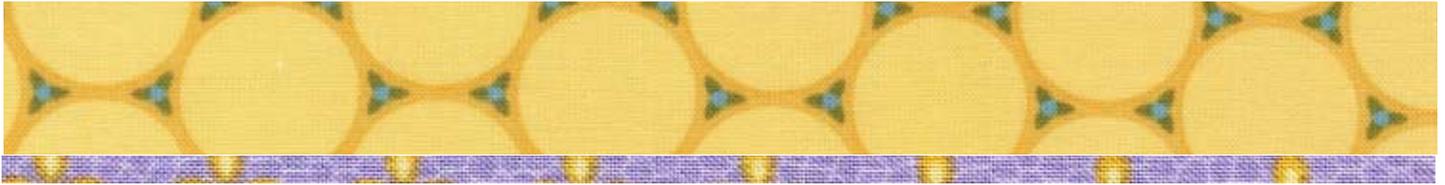
Bed Pillow Materials

Pillow body	27" x 41" (Cuddle fabric)
Pillow Flange	3" x 41" (quilting cotton)
Pillow Cuff	12"-14" x 41" pieced unit (quilting cotton) <i>See specific pillow cuff instructions</i>

Most fabrics featured are from my Ambrosia collection for Robert Kaufman. The coin pillow is made up of Dr. Suess Fabrics, also manufactured by Robert Kaufman. Wash and dry all of your fabrics before you begin to ensure a nice finish. The cotton shrinks with washing and the cuddle fabric doesn't!

General Instructions (Bed Pillows)

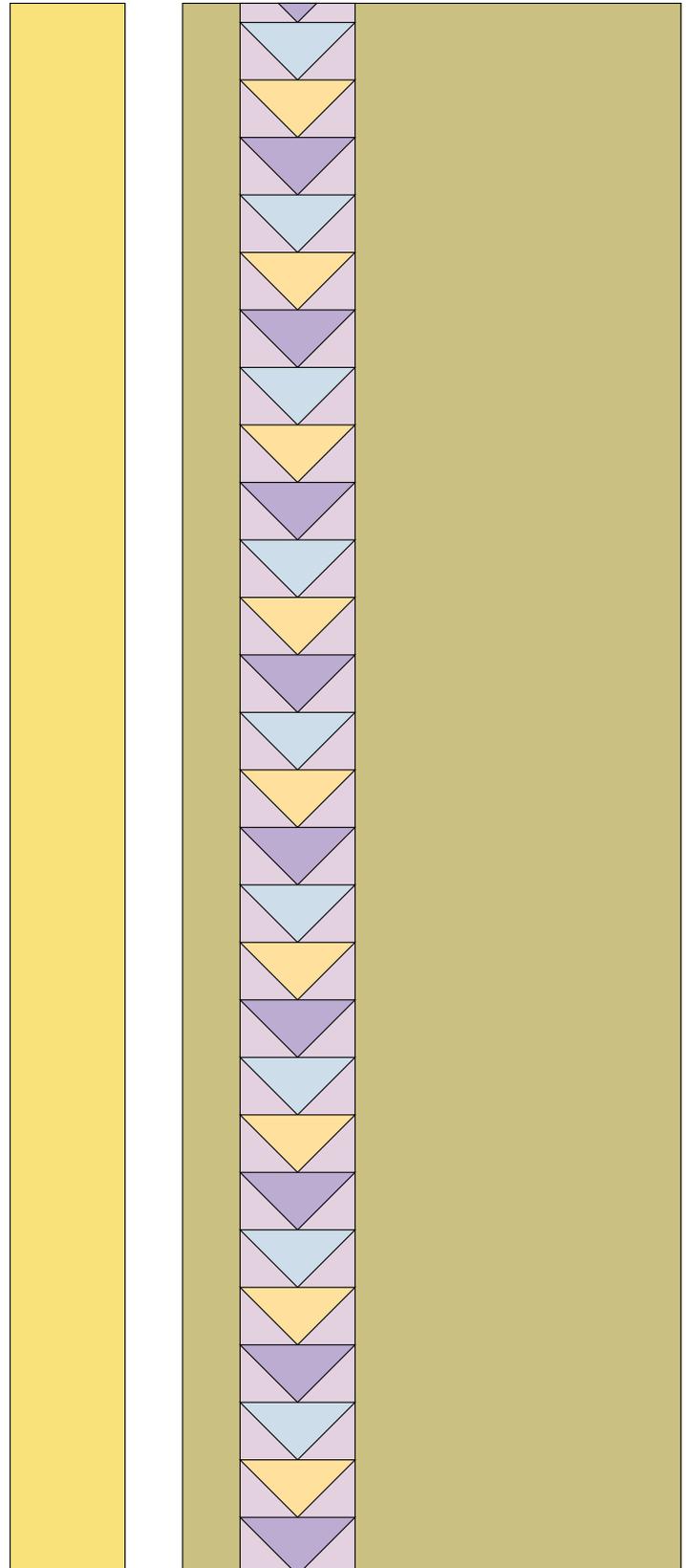
1. Lay the cuff **RIGHT SIDE UP** with the pieced edge that you want to show on the front of your pillow **ON THE RIGHT**.
2. Fold the flange piece in half lengthwise and press. Place on top of the pillow cuff, aligning raw edges of the flange with the raw edge on the right of the cuff. Pin and machine baste two pieces together, 1/4" from the edge of the fabric.
3. Spread unit on table again, **RIGHT SIDE UP**, with raw edges to your right. Place cuddle fabric **RIGHT SIDE DOWN** over the top of this unit, aligning one of the long raw edges of the cuddle fabric with the basted raw edge of your pieced unit. Fan-fold the rest of the cuddle fabric so it is scrunched up in the middle of the cuff. Now fold the cuff over lengthwise so the other long edge of the cuff lines up on top of the raw edge of the Cuddle fabric, (The cuff will be wrapped around the entire unit.) Pin and stitch through all layers, 1/2" from the edge of the fabrics. Turn entire unit right side out through the cuff and press the flange away from the cuff **BEING CAREFUL NOT TO LET YOUR IRON TOUCH THE CUDDLE FABRIC BECAUSE IT WILL MELT!!!** I
4. Now fold the pillow in half **WRONG SIDES TOGETHER** and pin, making sure to match the seams between the Cuddle fabric and the cuff/flange. Sew around the 2 raw edges, using a scant 1/4" seam allowance.
5. Turn the pillow **WRONG SIDE OUT**. Sew around the two edges that you just sewed with a 3/8" seam allowance. This will completely encase the raw edges of the Cuddle fabric!
6. Turn your pillow right side out and give the cuff a final press. Sweet dreams!

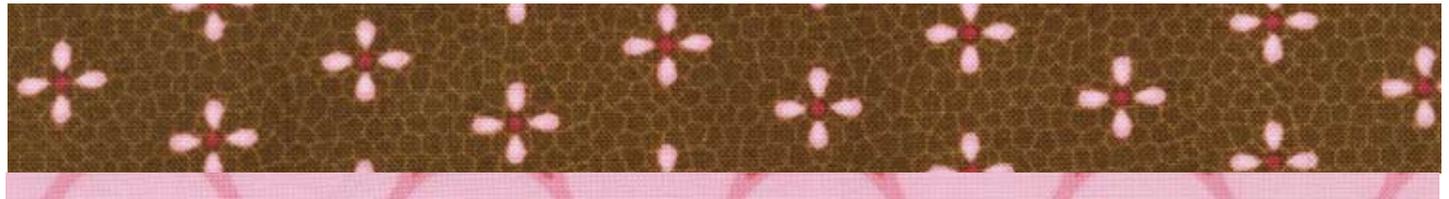


Use a 1/4" seam allowance unless otherwise noted. For this pillow I used AAM-10758-193 for the cuff, AAM-10759-136 for the flange, AAM-10760-192 for the background of the flying geese, and AAM-10759-136, AAM-10757-192, and AAM-10758-192 for the geese themselves. I used #7 lavender Cuddle fabric for the body of the pillow.

Flying Geese Cuff

1. Make take 28 (1-1/2" x 3") flying geese units. (They should measure 2" x 3-1/2" before you piece them together.) Piece together in one strip.
2. Sew a (1-3/4") green strip onto one long side of your flying geese unit. Press seam toward the green fabric.
3. Sew a (8-3/4") green strip onto the other long side of your flying geese unit. Press seam toward the green fabric.
4. Continue with general instructions.





Use a 1/4" seam allowance unless otherwise noted. For this pillow I used AAM-10759-193 for the cuff and AAM-10760-193 for the flange. For the yellow and green pinwheel blocks I used AAM-10759-136 and AAM-10758-193. For the brown and pink pinwheel blocks I used AAM-10760-193 and AAM-10756-193. I used #12 hot pink Cuddle fabric for the body of the pillow.

Pinwheel Cuff

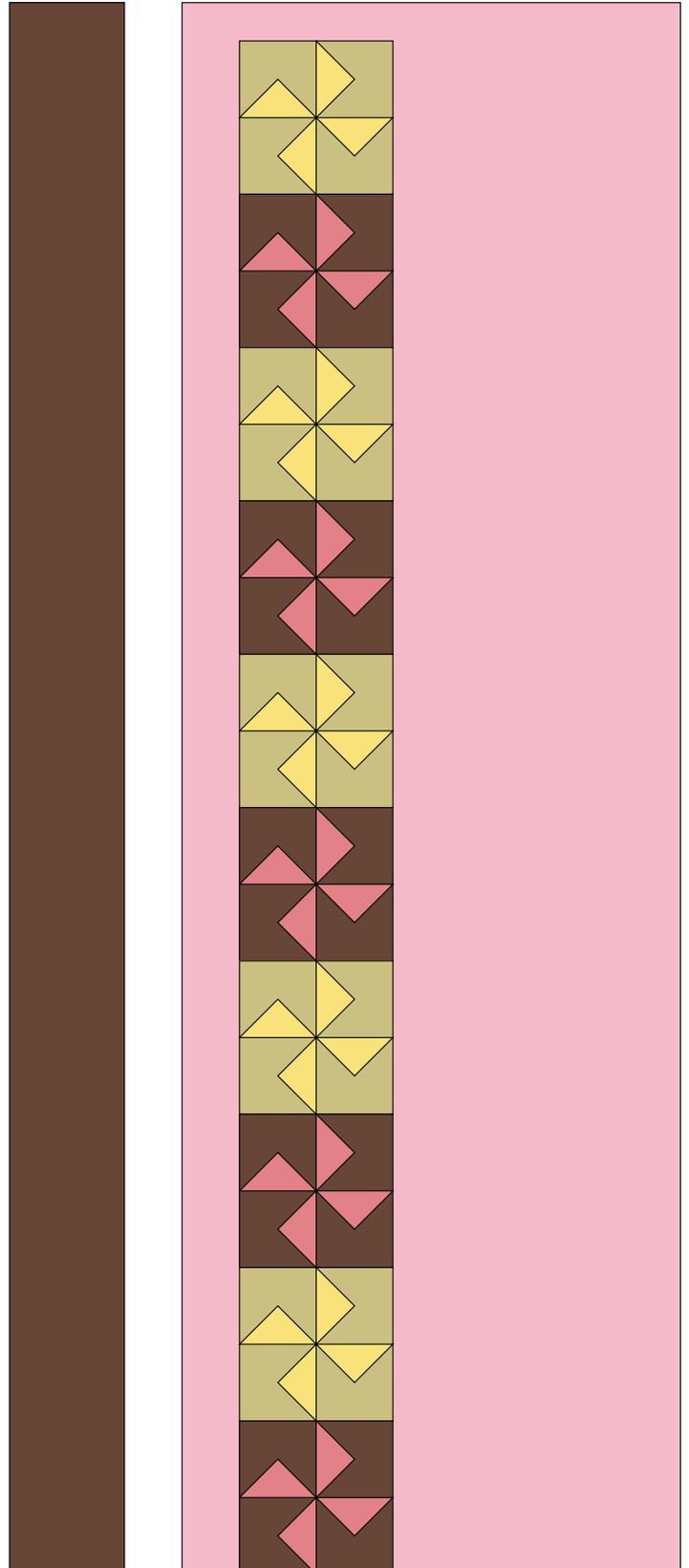
1. Make take 20 (1" x 2") green and yellow flying geese units. (They should measure 1-1/2" x 2-1/2" before finishing.) Sew a (1-1/2" x 2-1/2") rectangle onto each flying goose to form unit shown below.



2. Piece together 4 of these units to form a pinwheel. Continue until you have 5 pinwheels.
3. Make take 20 (1" x 2") brown and pink flying geese units. (They should measure 1-1/2" x 2-1/2" before finishing.) Sew a (1-1/2" x 2-1/2") rectangle onto each flying goose to form unit shown below.



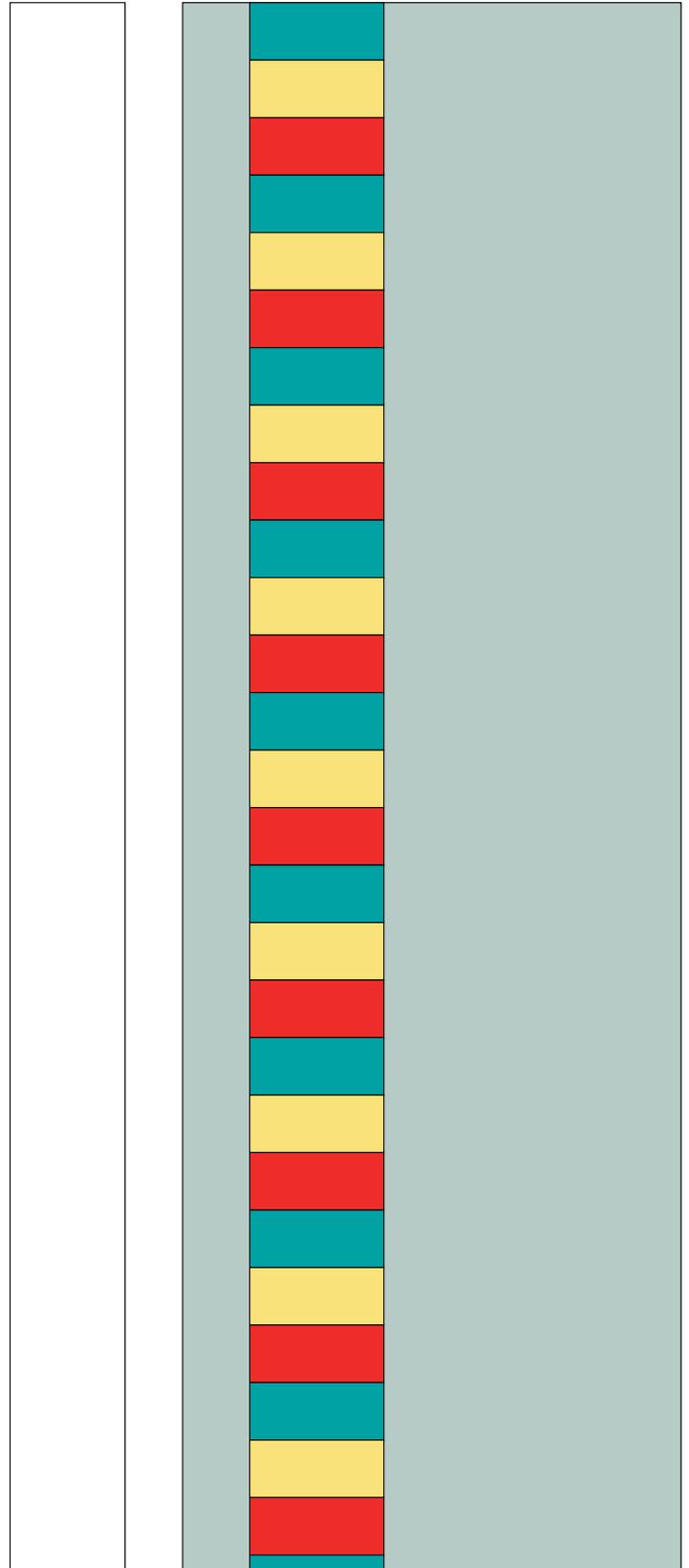
4. Piece together 4 of these units to form a pinwheel. Continue until you have 5 pinwheels.
5. Piece pinwheels together into one strip. Sew a scrap piece of your cuff fabric onto one of the short ends so that the strip measures 41".
6. Sew a (1-1/2") pink strip onto one long side of your flying geese unit. Press seam toward the green fabric.
7. Sew a (8-3/4") pink strip onto the other long side of your flying geese unit. Press seam toward the green fabric.
8. Continue with general instructions.

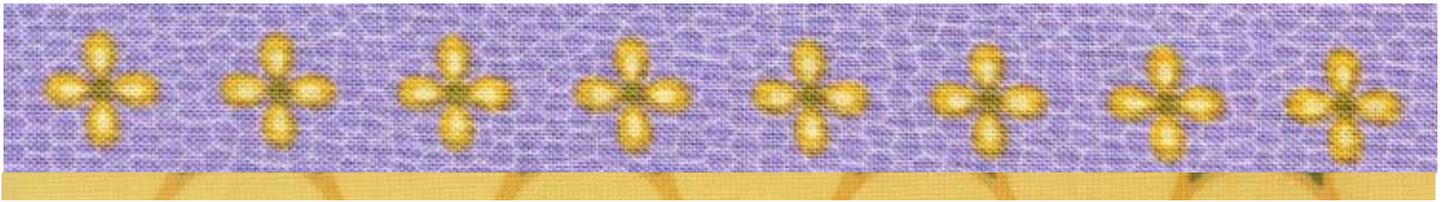


Use a 1/4" seam allowance unless otherwise noted.
I used various Dr. Seuss prints and #21 red Cuddle fabric for this pillow.

Coin Cuff

1. Cut 28 (3" x 2") pieces of fabric for the coins. Piece together long edges to form one vertical strip. Trim strip to 41".
2. Sew a (1-1/2") cuff strip onto one long side of your coin unit. Press seam away from coins.
3. Sew a (8-3/4") cuff strip onto the other long side of your coin unit. Press seam away from coins.
4. Continue with general instructions.

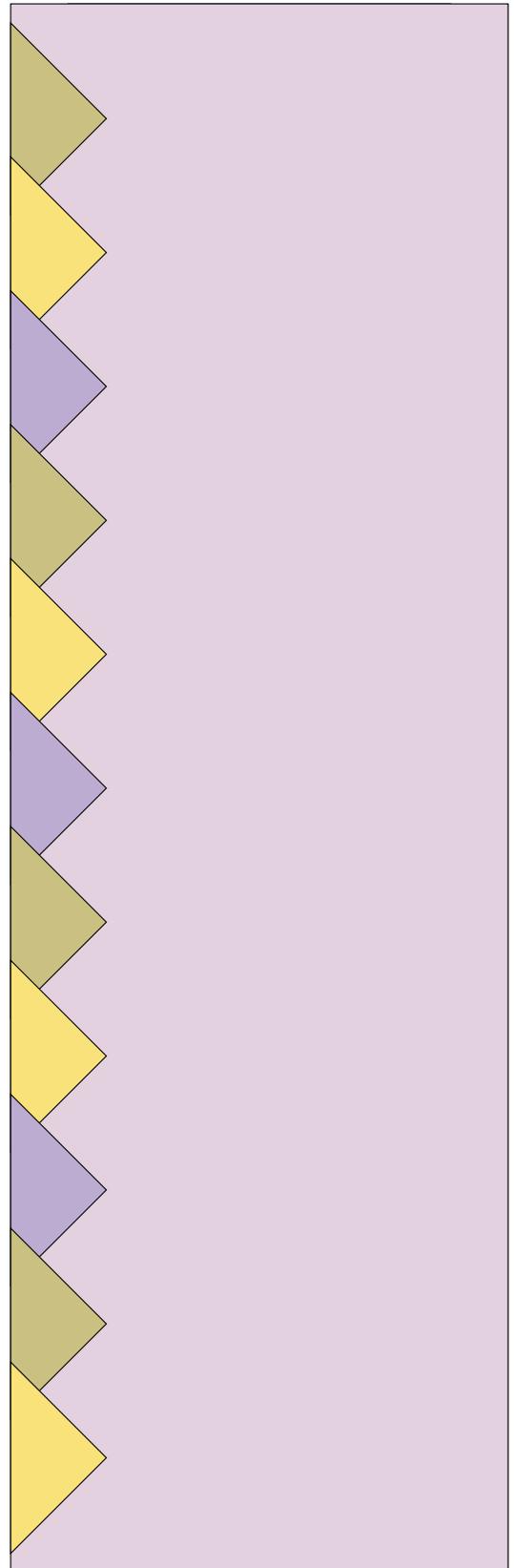




Use a 1/4" seam allowance unless otherwise noted. This cuff is a little different as you will not use a flange. For this pillow I used a 12" wide strip of AAM-10757-192 for the cuff, and AAM-10759-136, AAM-10758-193, and AAM-10760-192 for the prairie points. I used #8 aqua Cuddle fabric for the bottom of the pillow.

Prairie Point Cuff

1. Cut 14 (5") squares of your accent fabrics. Fold in half diagonally. Press. Fold in half diagonally again and press to make the prairie points.
2. Instead of using a flange, space the points evenly along the raw edge of the cuff. Baste 1/4" from the edge. Proceed with pillow assembly directions.

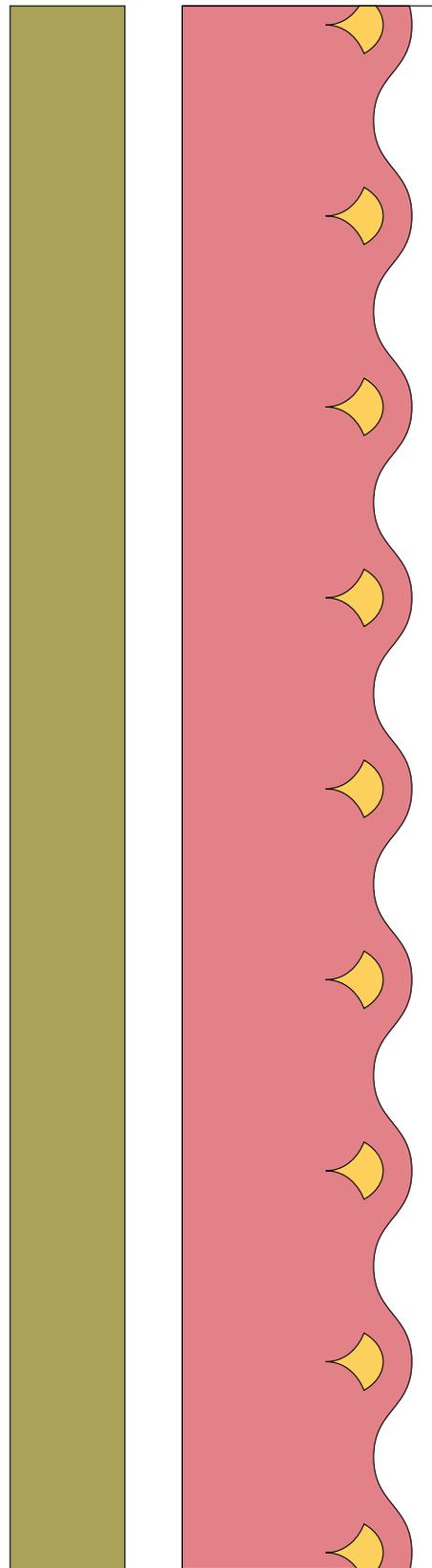
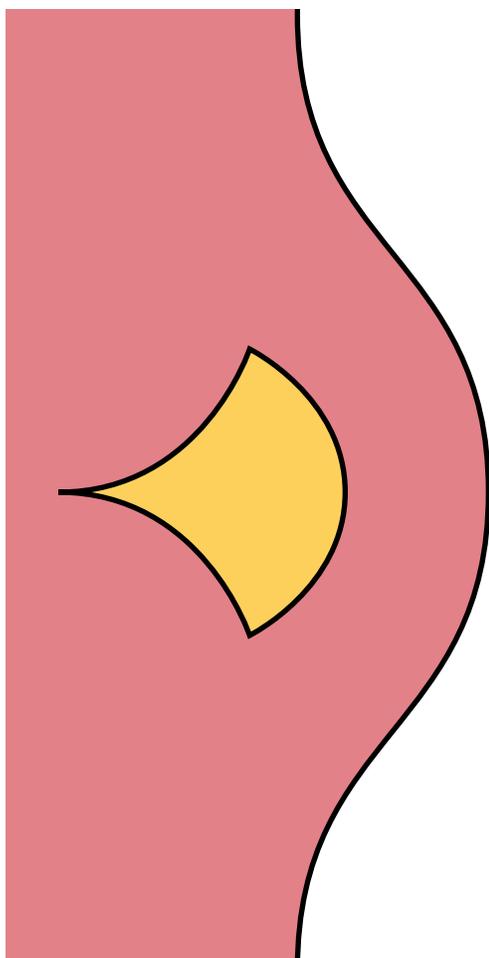


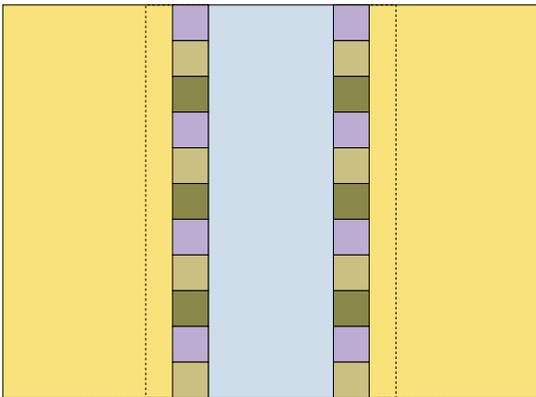


Use a 1/4" seam allowance unless otherwise noted. For this pillow I used AAM-10756-193 for the main cuff fabric, AAM-10759-136 for the applique, and AAM-10758-193 for the flange. I used #6 yellow Cuddle fabric for the body of the pillow.

Scallop Cuff

1. Layer main cuff fabrics **WRONG SIDES TOGETHER**. Using the template below, transfer the scallop pattern onto the long edge of your fabric. Cut away excess fabric to produce wavy edge.
2. Separate fabrics. Using template below, applique the yellow cut-out shapes onto one piece.
3. Place cuff pieces **RIGHT SIDES TOGETHER** and sew together along the wavy edge with a 1/4" seam allowance.
4. Clip curves, turn right side out. Press. Topstitch 1/8" from wavy edge.
5. Proceed with pillow assembly. The cuff won't lie absolutely flat during assembly - but it will turn out alright in the end.





Neckroll Pillow Fabric Requirements

Center panel	7-1/2" x 22" (#8 aqua Cuddle fabric)
Pillow body	2 (11" x 22") rectangles (AAM-10759-136 quilting cotton)
Lining	2 (5-1/2 x 22" rectangles (AAM-10756-192 quilting cotton)
Patchwork	22 (2-1/2" x 2-3/4") rectangles (AAM-10760-192, AAM-10758-193, and AAM-10757-192 quilting cotton)

Assembly

Use a 1/4" seam allowance unless otherwise noted.

I used a "Neckroll Pillow Insert" by Fairfield. 5" in. x 14" from Hancock Fabrics. I added some white ruffle trim and tied the pillow together with wide satin ribbon.

1. Before you begin, measure the circumference of your neck roll pillow to make sure that a 22" unit will wrap around its form! If it doesn't, lengthen measurements accordingly before sewing.
2. Piece 11 (2-1/2" x 2-3/4") rectangles long sides together to form one vertical strip. Repeat to make 2 units. Trim units to 22" in length.
3. Using 1/2" seam allowance, piece your vertical strips onto both long edges of your cuddle fabric.
4. Using a 1/4" seam allowance, piece pillow body strips onto each side of your main unit.
5. Using a 1/4" seam allowance, piece lining strips onto each side of your main unit.
6. Topstitch rick rac, ruffle, or other trim over seams that joins Cuddle fabric to cotton.
7. On the wrong side of the fabric make a chalk line down the center of the entire unit (right down your Cuddle fabric). Mark another chalk line 10-1/2" away from center line on each side of the pillow. Repeat on the right side of the unit.
8. Fold entire unit in half lengthwise, pin, and BASTE edge with a 1/2" seam allowance. Slide onto pillow form and check for fit.
9. When you are satisfied with the fit, sew to secure the seam ONLY BETWEEN between the outer chalk lines, backstitching at each end. Leave 3/4" gap on both ends of seam. Starting a new seam 3/4" from the chalk line continue sewing to the edge of the fabric on both sides of the unit.
10. Turn under raw edges of pillow lining 1/2" and press. Turn lining under, right along the seam that attaches it to the pillow body. Press.
11. Topstitch along the original chalk line on your pillow body fabric (about 4-1/2" from each end of the roll) making sure that you catching lining in your seam. (Adjust if necessary.) Topstitch another line 3/4" away toward the outside of the unit. Thread your ribbon through the opening in the pillow seam and into the channel formed by your topstitching lines to finish your pillow!